

“MOON PHASES AND PLANTING”**



Planting by the moon phases: Plant annuals, fruit, vegetables and herbs that bear crops above ground during the waxing moon. Plant flowering bulbs, biennial and perennial flowers, vegetables and herbs that bear crops below ground during the waning moon.

New Moon to First Quarter:

Moonlight is increasing. You have the strongest gravitational pull, the soil releases, earth exhales and energy draws upward. During the new moon, the lunar gravity pulls water up, causing seeds to swell and burst. Coupled with increased moonlight, this creates balanced root and leaf growth. During the second quarter, the gravitational pull is less, but the moonlight is strong. This helps create healthy leaf growth. Pruning and grafting work best when done 2 days before the full moon!

Full Moon to Last Quarter: Time to rest, meditate, celebrate and pick medicinal herbs and plants. Moonlight and gravitational pull are decreasing, the soil absorbs, the energy draws down into roots. During a full moon, there is peak moisture. The gravitational pull is high, but the moonlight starts to decrease, putting energy into the roots. During the last quarter, there is reduced moonlight and gravitational pull. This is a resting period.

April 2021: Last Quarter 4th, New Moon 12th First Quarter 20th, Full Moon 27th

May 2021: Last Quarter 3rd, New Moon 11th, First Quarter 19th, Full Moon 26th